



Katherine "Kat" Smith

"Kat is one of the most inspiring women that I have met. Our members are excited and motivated when she shares her insight. She is well rounded, engaging and so easy to work with. I am thrilled to have her as one of our speakers."

Tamara Peyton Bell, Founder - The Home Pleasure Party Plan Association

The Artful Message - The U and I in Communication.

The give and take of great communication is when one speaks the other listens and vice versa. Learn the value of really listening, how to read visual and non-verbal messages and use your intuition to communicating.



Allow Kat to tailor a message specifically to your audience or event theme.

Repurposing You

How to find purpose and move on from life changes.

An eye opening journey to turning your world into the lifestyle you desire. Find the root of what you may be using to sabotage love, finances and careers. Repurposing helps dissect our lives to reveal the blocks which hold us back from achieving what we most want to manifest.



The Black Economic Times



freelance | alliance



DISTRICT 50 Toastmasters



U.S. Census Bureau



She is without a doubt one of the most amazing people I know. Smart, funny, professional, sensitive, creative, tough, loving, and in case you haven't noticed, drop-dead gorgeous to boot. I have enjoyed the unique perspective over the years of having experienced, in many cases first hand, some of the realities that make up Kat's incredible life story. She is without a doubt the real deal."

Ed Roberson, MBA, BSME, Principal - ER Squared, Inc.

- **Keys to Loving and being Loveable**

Basic principles to keep your life filled with love.

A straightforward look at personal relationship management. An inspiring yet humorous, look at how women of today manage the demands life while maintaining their natural ability to love and be loved. Learn to not hold back and know when to let go in love.

- **Romanti-Size Me**

Romance for Today's Couple.

In this age of wanting more, couples have overlooked the romance department. Divorce rates and failed relationships are a result of a lack of romancing each other. Explore some steps to bringing back the romance in your life.



Did you know Kat Smith:

- Hosted a weekly radio show - *A Woman's Point of View* – syndicated with ABC Radio Networks, Inc.
- Created or romantic card game for couples called INTIMATE4PLAY
- Is a Certified Loveologist (relationship coach) from the Loveology University

“As moderator of the biggest event ever to be witnessed by Census Partners in the Dallas Region, (Southern Louisiana Partnership Conference, New Orleans, LA, August 18, 2009) Kat hits a “Grand slam”. Playing to an audience, inclusive of the National Census Bureau’s Director, the Regional director, and the Mayor of New Orleans, Kat came across as exhilarating, professional, and downright funny. Kat, a native of New Orleans, captured the audience with a home girl’s flair, and her appreciation for a Cajun culture. This was certainly an event to be remembered.”

Willie H. DeBerry, Partnership Coordinator- US. Census Bureau

The Facet Factor - The 4C's of a woman

A ninety minute examination of the four “C’s” of a diamond (Color, Cut, Carat and Clarity) compared to qualities of a woman (Character, Courage, Caring and Creativity). How life experiences can cut facets through the tough times and polish us to brilliance.

The Power of Female Energy - Your Divine power and how to use it

Women are an enormous source of power and strength, yet we have devalued ourselves for the sake of everything and everyone around us. Tap into your personal power and blossom into the Diva or Goddess within.

**Kat is available for:
Seminars, workshops, retreats,
Keynotes and book signings.**



Contact Us

Retreats | Seminars | Webinars | Custom Programs Available

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