



## Bios

LOVE, INSIGHT and PERSEVERANCE are the core principles by which our next speaker lives. As an up and coming experts on the art of self mastery in love and life, Katherine "Kat" Smith is formerly the co-host of a four year syndicated morning radio with ABC Radio Networks, Inc. Her hour long show ***A Woman's Point of View***, aired on Wednesdays and focused on relationships.

Recently certified as a relationship coach through the Loveology University, Kat has taken views of love and romance a step farther through her presentations and workshops to inspire emotional health and communication. Kat is also the creator and manufacturer of a romantic communication game for couples called INTIMATE4PLAY.

A native of New Orleans, Kat learned early in life that things aren't always fair. Challenges are just a part of life. One of twelve siblings from ten fathers, Kat was born to a mother whose own confusion with love created damaging patterns that she and her sisters repeated in their own relationships. As a survivor of various forms of abuse, Kat speaks to help women who cannot articulate or communicate their pain from traumatic sexual experiences and to learn to build healthy love relationships and how to be loveable.

As a writer, Kat has work publish domestically and internationally for several magazine and newspapers. She is the author of several books and has volunteered for various literary organizations.

Kat has been a guest blogger on several Websites and has performed both television and radio interviews on her books and game. As a speaker her topics concentrate of communication and relationship mastery, self promotion with impact and repurposing you.

### Short Bio

Author, Speaker and Manufacturer, Katherine "Kat" Smith is formerly co-host of a four year syndicated morning radio show with ABC Radio Networks, Inc. and a weekly show, *A Woman's Point of View*. Her weekly show inspired a card game for couples which she manufactures. Kat is a certified Loveologist and is published internationally. She is the author of *Romantic Retreats in Texas* and *The Naked Author-Exposing the Myths of Publishing*.

